## 9. View retirement as a career change

If you view retirement as a career change, you can make this one the career from heaven! Decide what criteria you want your new career to reflect. Do you want to work from home? Do you wish to meet new people? Study in a new field? Start a small business? How much traveling do you want to do? Are there financial considerations? Do you want to work alone or to share with others? Once you have decided the main criteria, use them to help plan what your next career is going to be. Starting something new will bring energy and excitement into your retirement years.

When Joyce retired from her position as a healthcare administrator she had some idea of what she wanted to do. She always knew that if she could have chosen another career it would be been one that included her love of cooking and entertaining. After doing the basic research and taking a course in managing her own business, Joyce opened her own catering firm. She loves the creative aspects of cooking new and delicious foods; she enjoys her customers as much as they appreciate her attractive table settings and unique decorations, and she loves having her own business. This is quite a career change indeed!

## ASK YOURSELF

Consider the important criteria for you to have in your new life:

Do you want to work from home?	Yes/No
Do you wish to meet new people?	Yes/No
Do you want to be alone or with others?	Alone/With Others
Do you want to travel?	Yes/No
Do you want to study in a new field?	Yes/No
Do you want to start a small business?	Yes/No

Excerpt from *Create your Retirement: 55 Valuable Ways to Empower the Rest of your Life* By Barbara M. Walker, <u>http://bmwalker.com/</u>

What other criteria do you want? Make a list:

Write a description of your new career in retirement based on your criteria.

You can order the book at: <u>http://bookstore.trafford.com/Products/SKU-000141965/Create-Your-Retirement.aspx</u>